



FULLY SUPERVISED CHILDMINDING

Mornings:

Monday to Friday 9am to 11am

Saturday 8am to 11am

Afternoons:

Monday to Thurs 4.30pm to 6.30pm

1Hr Sessions \$3

Packages available *bookings required

GROUP FITNESS TIMETABLE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5.45am	LES MILLS BODYPUMP PRISCILLA	LES MILLS RPM GEMMA	LES MILLS BODYPUMP PRISCILLA	LES MILLS RPM PRISCILLA		
6.00am	HIT COURTNEY	FFIT KELLY	HIT ADRIANA	FFIT KELLY	HIT COURTNEY	
8.00am						LES MILLS GRIT JUSTIN
						LES MILLS RPM PRISCILLA
						FFIT KELLY
8.45am						LES MILLS BODYPUMP JUSTIN
9.00am	FFIT LILZ	LES MILLS BODYPUMP JENNY	FFIT LILZ	LES MILLS BODYPUMP JENNY	FFIT LILZ	
10.00am	YOGA MERI	LES MILLS RPM JENNY		LES MILLS RPM JENNY		YOGA STACEY
4.30pm		YOGA YURI	LES MILLS GRIT MASAKO			
5.30pm	LES MILLS GRIT MASAKO	LES MILLS BODYPUMP JUSTIN	LES MILLS BODYATTACK JUSTIN	YOGA MATT		
	LES MILLS RPM TIM		LES MILLS RPM ALINA			

NB: Class times are on an initial trial and classes may be changed depending on attendance numbers