

WORLD GYM ATHLETICS Gorilla Bootcamp



January 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 6:00 PM Gorilla Bootcamp- Eddie	3	4 6:00 PM Gorilla Bootcamp- Eddie	5 6:00 PM Gorilla Bootcamp- Erica	6	7 9:00 AM Gorilla Bootcamp- Josh
8	9 6:00 PM Gorilla Bootcamp - Bernadette	10	11 6:00 PM Gorilla Bootcamp- Eddie	12 6:00 PM Gorilla Bootcamp- Erica	13	14 9:00am- Gorilla BootCamp- Josh
15	16 6:00 PM Gorilla Bootcamp - Bernadette	17	18 6:00 PM Gorilla Bootcamp- Eddie	19 6:00 PM Gorilla Bootcamp- Erica	20	21 9:00am- Gorilla BootCamp- Josh
22	23 6:00 PM Gorilla Bootcamp - Bernadette	24	25 6:00 PM Gorilla Bootcamp- Eddie	26 6:00 PM Gorilla Bootcamp- Erica	27	28 9:30 AM Gorilla BootCamp- Erica
29	30 6:00 PM Gorilla Bootcamp - Bernadette	31				Staffed Hours Monday – Thursday 9AM-8PM Friday- 9AM-3PM Saturday 8AM-2PM