

WORLD GYM ATHLETICS

Gorilla Bootcamp



February 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:00 PM Gorilla Bootcamp Eddie	2 6:00PM-GorillaBootcamp Sue	3	4 9:00am- Gorilla BootCamp Josh
5	6pm – Gorilla Bootcamp Bernadette	7	8 6:00PM -Gorilla Bootcamp Sue	9 6:00pm – Gorilla BootCamp Sue	10	11 9:00am- Gorilla BootCamp Josh
12	13 6:00pm – Gorilla Bootcamp Bernadette	14	15 6:00pm- Gorilla Bootcamp Eddie	16 6:00pm – Gorilla BootCamp Sue	17	18 9:00am- Gorilla BootCamp Josh
19	20 6:00PM – Gorilla Bootcamp Bernadette	21	22 6:00pm- Gorilla BootCamp Eddie	23 6:00pm – Gorilla Bootcamp Sue	24	25 9:30am- Gorilla BootCamp Josh
26	27 6:00pm – Gorilla Bootcamp Bernadette	28				Staffed Hours Monday – Thursday 9AM-8PM Friday- 9AM-3PM Saturday 8AM-2PM